



We Want to Exceed Your Expectations

A Different Kind of Dental Relationship

When you visit, our first goal is to establish a feeling of trust. Our job is to listen to you, respect you, educate you, and not judge your decisions. We understand you might be anxious about the process of receiving dental care. Therefore, we make it a point to explain your proposed treatment plan carefully and unhesitatingly answer all your questions. Only then will we take you gently through your treatment. Modern dentistry has many techniques, local anesthetics, and relaxation methods to increase your comfort. The more involved you are in making dental health decisions, the less room there is for fear and uncertainty.

Exceptional Cosmetic Dentistry

Over the years, Dr. Arnold has worked with national dental groups to train hundreds of dentists to perform dramatic smile makeovers. He and his team have changed many lives by giving people a beautiful smile. If you have misshapen teeth, unsightly gaps, or deep discoloration, our porcelain veneers may be the answer. Veneers are thin porcelain coverings that fit over and are bonded to your teeth, look natural, and are made from the most advanced dental ceramic available. Dr. Arnold is also one of the few dentists in the entire Midwest certified to provide no-prep DURATHIN™ veneers for patients who would like a conservative approach to smile enhancement. For some patients, these beautiful life-like veneers can be bonded to the teeth without any drilling.

"Before and After" Smile Transformations From Actual Patients



Full-mouth rehab with veneers, crowns, and bridges

"I can't believe how easy you and your team made this entire procedure for me. The entire process was totally painless, and the final results are even better than I expected. I can't believe the difference. I only wish that I had done this years ago."—Roger



Full-mouth rehab with veneers, crowns, and bridges

"To give back a smile is to give back a whole new life. Dr. Arnold was very gentle and compassionate, and he created a very relaxing atmosphere for my care. My treatment went very well. I am so blessed and am forever grateful."—Carmen

www.SmilesByArnold.com

Comprehensive Dentistry for Children and Families

The Smiles By Arnold Team strives to make patients of all ages feel at ease and enjoy themselves, so bring the whole family along! We encourage the proper dental care habits in children, with their first visit at age three, and enjoy teaching them how to keep their teeth healthy.

Our goal is to provide our patients with care that lasts a lifetime. We're very happy that most often, our continuing patients need no additional treatment. And occasionally people move far away. This means that we are always very happy to have new patients become a part of our family. We look forward to seeing you.

"Our family is continually, so incredibly pleased by the caring, professional, and friendly staff at Smiles by Arnold & Associates. It is not often you find a dental practice with not only top-notch dentists, but a staff that genuinely knows and cares for their patients so much. We are all certainly patients for life!"
—Jason and Andrea Evans Family



Orthodontics – The Clear Choice

The Invisalign™ system makes it possible, in just 9 - 15 months, to have the straight teeth you have dreamed of! These aligners can correct overcrowding, widely spaced teeth, overbite, underbite, or crossbite. Invisalign uses gentle forces to move your teeth gently into position.



The best part of Invisalign is that no one will know you're straightening your teeth because the clarity of the aligners renders them almost invisible! The aligners are all in one piece, with no metal or wires to be checked and adjusted, so you get to spend less time in the dentist's chair. Though you wear the aligners all day as well as while you sleep, they are easily removable for eating and brushing. You can eat and drink what you want while in treatment, with no food restrictions.

A straighter smile is just a phone call away! Call today to find out if you're a candidate for Invisalign. Financing is available for as little as \$100 per month. Receive \$500 off Invisalign and free whitening after your treatment with this brochure.



Sedation Dentistry – Is Going to the Dentist Difficult for You?

Is it difficult for you or a family member to get up the nerve to go to the dentist? The Smiles By Arnold Team has helped many fearful patients over the years, so they understand these concerns. There is nothing they have worked harder on than making dental visits easy and comfortable for their patients. Televisions, soothing music, warm blankets, and other amenities can be very relaxing, but sometimes that's not enough to alleviate the true fears that some patients have.



There is an extremely safe technique called conscious sedation that safely puts even the most fearful patients at ease. Not all patients need this, but for those who do, it "works like a dream." One hour before your visit, you take a pill that we dispense to you. Imagine lightly dozing on and off through your visit and not being afraid to go to the dentist. When you're finished, a friend drives you home.

If you've been putting off getting a beautiful smile or simply maintaining the health of your teeth and gums because of high fear of the dentist, you've now found the answer to your concerns. Please call for a free consultation in either office. The Smiles By Arnold Team's sedation dentistry can change your life.

Do You Find Yourself Falling Asleep on the Job?

Go from this...



To this!



Fits in the palm of your hand!

It may be sleep apnea. The traditional treatment for sleep apnea has been the CPAP device. The patient is fitted with a machine that pumps a continuous stream of air into the patient's nose or mouth throughout the night. However, many people find this uncomfortable, and they stop wearing the mask. If you have sleep apnea and can't tolerate or are frustrated with your CPAP, modern dentistry has new treatment options such as oral appliances. These have been successful for over 90% of the patients who use them and are an alternative to CPAP machines. If you snore, or a physician has diagnosed you with sleep apnea, give us a call today.

Amazing New Patient Offers!

FREE TAKE-HOME WHITENING FOR NEW PATIENTS

With this brochure after new patient exam and appropriate cleaning. Some patients may require urgent care treatment before whitening.

COMPLIMENTARY COSMETIC DENTAL EVALUATION

Includes a cosmetic evaluation and consultation. Find out what the latest advances in cosmetic dentistry can do for your smile!

We accept most major credit cards. Flexible monthly financing plans are available.



www.SmilesByArnold.com

Meet the Smiles By Arnold Dentists

Dr. Jim Arnold finished dental school near the top of his class in 1996, and moved back home to Valparaiso to begin practice. In school, he served as class president for four years and won multiple awards for excellence. Since then, he has continued to be a leader in local, state, and national dental communities, serving in countless leadership positions and winning numerous awards. Dr. Arnold focuses most of his clinical attention on full-mouth rehabilitation, cosmetic procedures, Invisalign™, and anxiety-free sedation dentistry. He and his wife, Sarah, are proud parents to four fantastic children, Julia, Sophia, Ethan, and Matthew. In his free time, Dr. Arnold enjoys competing in the sport of triathlon with his wife, traveling, reading, and attending sports events.



Dr. Lisa Shideler was also raised in Valparaiso and is a third-generation dentist. She was a practicing dental hygienist prior to receiving her dental degree from Indiana University in 1991. Dr. Lisa has been a very active member of many dental organizations, including the Peer Review Committee. Her caring and compassionate nature, combined with extensive postgraduate training, make her a tremendously popular dentist. Dr. Lisa excels in all phases of dentistry, but she particularly enjoys doing sedation, Invisalign, and high-end restorative dentistry. In her spare time, Dr. Lisa enjoys tennis, golf, hiking, and traveling.



Dr. Natalie Wargo has been with Smiles By Arnold & Associates since 2005, and she has been a huge asset to the team and to our patients. Her outgoing personality, gentle touch, and patience are traits that help her to provide fantastic dental care in a very comfortable manner. She has also attended countless hours of continuing education to become an exceptionally gifted clinician. Her leadership in the Indiana Dental Association, ability to help fearful patients with oral conscious sedation, and great skill with caring for children make Dr. Wargo a true professional patients love. She shares her life with her husband, Jason, their son, Ian, and their daughter, Mya.



Dr. Leslie Clevenger graduated summa cum laude from college and won many awards while in dental school. She moved to Northwest Indiana and joined our dental team after several years of treating patients in Illinois. Dr. Leslie embodies all of the attributes that our team holds most important, and is a kind, compassionate, highly skilled dentist. Her personality and warmth make even the most nervous patients feel relaxed in her care. She is passionate about continuing her education and is actively involved with multiple dental organizations. When Dr. Leslie isn't in the office, she enjoys running, traveling, watching sports, and spending time with her family.



951 Southpoint Drive
Valparaiso, IN 46385
(219) 707-4031



1830 South 11th Street
Chesterton, IN 46304
(219) 728-5511

www.SmilesByArnold.com

Postnet Standard
U.S. POSTAGE
PAID
Phoenix, AZ
PERMIT # 1741

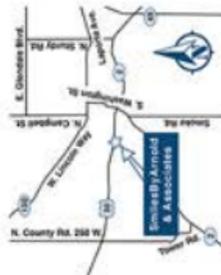


SMILES BY ARNOLD & ASSOCIATES
Family, Sedation, Invisalign™
& Cosmetic Dentistry
A Cosmetic Laboratory

1830 South 11th Street
Chesterton, IN 46304



1830 South 11th Street
Chesterton, IN 46304
(219) 728-5511



951 Southpoint Drive
Valparaiso, IN 46385
(219) 707-4031

Treating You Like Family

The Personalized Care and the Excellent Dentistry You Deserve



Amazing
Offers for
New Patients!

Check Inside

SMILES BY ARNOLD & ASSOCIATES
FAMILY, SEDATION, INVISALIGN™
& COSMETIC DENTISTRY

James H. Arnold, DDS, FACE
Lisa Shideler, DDS • Natalie Wargo, DDS • Leslie Clevenger, DDS

951 Southpoint Drive
Valparaiso, IN 46385
(219) 707-4031

1830 South 11th Street
Chesterton, IN 46304
(219) 728-5511

www.SmilesByArnold.com